

National Emergency Training Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/15/2025	6/16/2025	6/17/2025	6/18/2025	6/19/2025	6/20/2025	6/21/2025
Breakfast						
Waffles Bacon Sausage Country Gravy Breakfast Potato	Pancakes Bacon Sausage Patties Biscuit Gravy Breakfast Potatoes	Waffles Bacon Sausage Country Gravy Hashbrowns	French Toast Bacon Smoked Sausage Bacon Gravy Sweet Potato Tots	Potato Pancakes Bacon Chicken Sausage Chipped Beef Gravy Hash Brown Patties	Pancakes Bacon Corned Beef Hash Country Gravy Breakfast Cubes	Cinnamon French Toast Bacon Sausage Biscuit Gravy Hash Browns
Lunch						
Assorted Pizzas Chicken Wings Beer Batter Fries Bourbon Baked Beans	Beef Fritter Penne Pasta Marinara w/ Garlic Toast Mashed Potatoes Roasted Carrots	Beef Barbacoa/Pollo Asado Tortilla Chips w/ Queso Cilantro Lime Rice Vegetarian Refried Beans Roasted Corn and Peppers	Sweet and Sour Tempura Pork Chicken Stir Fry White Rice Broccoli Florets	Roast Turkey Ravioli Lasagna w/ Garlic Knots Mashed Potatoes Cornbread Stuffing Prince Edward Blend	Breaded Cod Roasted Mushroom and Bacon-Alfredo Flatbread Beef Cheesesteaks w/ Cooper's Cheese Sauce Fire Roasted Corn	Steakburgers Bratwurst w/ Sauerkraut Battered Onion Rings Baked Beans Peas
Vegetable du Jour Vegan Pizza*	Italian Sausage Penne Pasta Marinara*	Pork Tamales/Beef Enchiladas Chile Roasted Cauliflower Taco*	Korean Beef BBQ Spring Rolls Tempure Tofu*	All Beef Hot Dogs Quinoa w/ Kale and Garbanzos*	Seasoned Fries Black Bean Burger**	Salmon Burgers Vegan Bratwurst*
Featured Soup						
Cream of Cauliflower	Broccoli Cheese	Menudo	Egg Drop	Beef Noodle	Clam Chowder	Chicken Orzo
Dinner						
Meatloaf Smoked Pit Ham Au Gratin Potatoes Vegetable Medley	Jerk Chicken Thighs Cuban Beef, (Ropa Vieja) White Rice / Fried Plantains Green Beans	Roasted Prime Rib Crab Cakes Baked Potato Cauliflower	Chicken-Smoked Sausage Jambalaya Ale Mustard Rubbed Pork Loin Roasted Red Potatoes Hot Honey Glazed Butternut Squash	BBQ Baby Back Ribs Cornmeal Catfish / Hush Puppies Baked Sweet Potato Collard Greens	Battered Shrimp Smothered Pork Chops Brown Rice Roasted Brussels Sprouts	Oven Fried Chicken Seared Wild Caught Salmon Mashed Yukon Gold Potatoes Roasted Asparagus
Menu Subject To Change Without Notice						
Special diet? No problem, just speak with the manager						
BREAKFAST		6:30am - 8:30am M-F 6:30am - 9:30am Sat&Sun				
LUNCH		11:30am - 1:00pm Sun-Sat				
DINNER		5:00pm - 7:30pm M-Sat 5:30pm - 7:30pm Sun				



GUEST
SERVICES

E-mail us at fema-netccafeteria@fema.dhs.gov

Call us at 301-447-1551

** Vegan Options